



Daily Offerings:

Fruit Smoothies with RF String Cheese & WG Graham Crackers

Yogurt Parfait with Fruit & Granola

Chicken Caesar or Chicken Chef Salad with a WG Dinner Roll

Grilled Cheese Sandwich

Boars Head Turkey or Ham (P) & Cheese Sandwich

WG Bagel with RF String Cheese

Sunbutter & Jelly Sandwich

Powering potential.

MON	TUES	WED	THURS	FRI
 1	 2	 3	 4	 5
Brunch For Lunch 8 Mini WG Maple Waffles with Chicken Sausage Patties Red Pepper Strips Fresh Strawberries	 9	 10	 11	Pizza Friday 12 Cheese or Pepperoni Pizza Cucumber Coins Apple Slices
Brunch For Lunch 15 Mini WG French Toast with Egg Patties Sliced Tomato Watermelon	 16	 17	 18	Pizza Friday 19 Cheese or Pepperoni Pizza Sliced Tomato Clementine
Brunch For Lunch 22 Mini WG Blueberry Waffles with Chicken Sausage Patties Cucumber Coins Fresh Apple	 23	 24	 25	Pizza Friday 26 Cheese or Pepperoni Pizza Red Pepper Strips Banana
Brunch For Lunch 29 Mini WG Confetti Pancakes with Egg Patties Sliced Tomato Fresh Apple	 30			

Menus are subject to change.

Available Daily:
Assorted Fruits: Apples, Oranges, Bananas or Pears
Assorted Vegetables: Baby Carrots, Celery Sticks or Side Salad
Assorted 100% Juice: Grape, Apple or Tropical Punch
Assorted Milk: 1% White or Fat-Free Chocolate
WG denotes items that are Whole Grain
RF denotes items that are Reduced Fat

All Lunches Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

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STUDENT
NUTRITION

This institution is an equal opportunity provider.



MON	TUES	WED	THURS	FRI
<div>1</div> <div>Back to school</div>	<div>2</div> <div></div>	<div>3</div> <div>WG Baked Chicken Tenders with a WG Dinner Roll Cucumber Coins Fresh Apple</div>	<div>4</div> <div>Hamburger or Cheeseburger on a WG Bun Celery Sticks Banana</div>	<div>5</div> <div>Pizza Friday Cheese or Pepperoni Pizza Spinach Salad Fresh Pear</div>
<div>8</div> <div>Brunch For Lunch Mini WG Maple Waffles with Chicken Sausage Patties Red Pepper Strips Fresh Strawberries</div>	<div>9</div> <div>Cheese or Pepperoni Pizza Tomato & Cucumber Salad Fresh Apple</div>	<div>10</div> <div>WG Chicken Patty on a WG Bun Celery Sticks Clementine</div>	<div>11</div> <div>WG Pizza Max Stix with Dipping Sauce Sliced Tomato Watermelon</div>	<div>12</div> <div>Pizza Friday Cheese or Pepperoni Pizza Cucumber Coins Apple Slices</div>
<div>15</div> <div>Brunch For Lunch Mini WG French Toast with Egg Patties Sliced Tomato Watermelon</div>	<div>16</div> <div>Cheese or Pepperoni Pizza Red Pepper Strips Banana</div>	<div>17</div> <div>WG Baked Chicken Tenders with a WG Dinner Roll Tomato & Cucumber Salad Fresh Strawberries</div>	<div>18</div> <div>Hamburger or Cheeseburger on a WG Bun Spinach Salad Fresh Pear</div>	<div>19</div> <div>Pizza Friday Cheese or Pepperoni Pizza Sliced Tomato Clementine</div>
<div>22</div> <div>Brunch For Lunch Mini WG Blueberry Waffles with Chicken Sausage Patties Cucumber Coins Fresh Apple</div>	<div>23</div> <div>Rosh Hoshana Schools Closed</div>	<div>24</div> <div>Rosh Hoshana Schools Closed</div>	<div>25</div> <div>WG Baked Chicken Tenders with a WG Dinner Roll Sliced Tomato Watermelon</div>	<div>26</div> <div>Pizza Friday Cheese or Pepperoni Pizza Red Pepper Strips Banana</div>
<div>29</div> <div>Brunch For Lunch Mini WG Confetti Pancakes with Egg Patties Sliced Tomato Fresh Apple</div>	<div>30</div> <div>Cheese Or Pepperoni Pizza Red Pepper Strips Fresh Strawberries</div>	<div> <div>SCHOOL</div> <div></div> </div>		

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<div>1</div> <div>Back to school</div>	<div>2</div> <div></div>	<div>3</div> <div>WG Baked Chicken Tenders with a WG Dinner Roll Cucumber Coins Fresh Apple</div>	<div>4</div> <div>General Tso's WG Popcorn Chicken with WG Rice and Broccoli Banana</div>	<div>5</div> <div>Snack Wrap WG Chicken Nuggets, Lettuce and Cheese inside a WG Tortilla Spinach Salad Fresh Pear</div>
<div>8</div> <div>WG Popcorn Chicken Parmesan Flatbread Red Pepper Strips Fresh Strawberries</div>	<div>9</div> <div>Dutch Waffles with Chicken Sausage Patties Tomato & Cucumber Salad Fresh Apple</div>	<div>10</div> <div>WG Baked Buffalo Chicken Mac & Cheese with a WG Dinner Roll Celery Sticks Clementine</div>	<div>11</div> <div>WG Pizza Max Stix with Dipping Sauce Sliced Tomato Watermelon</div>	<div>12</div> <div>Breakfast Burrito Egg, Tater Tots, Cheddar and Salsa in a WG Wrap Cucumber Coins Banana</div>
<div>15</div> <div>The Rock Burger Cheeseburger on a WG Bun with Lettuce, Onion, and Tomato Sliced Tomato Watermelon</div>	<div>16</div> <div>WG Pizza Max Stix with Dipping Sauce Red Pepper Strips Banana</div>	<div>17</div> <div>WG Baked Chicken Tenders with a WG Dinner Roll Tomato & Cucumber Salad Fresh Strawberries</div>	<div>18</div> <div>Buffalo Chicken Sandwich on a WG Bun Spinach Salad Fresh Pear</div>	<div>19</div> <div>Loaded Tater Tots WG Popcorn Chicken, Bacon and Cheese Sauce over Baked Potato Tots Sliced Tomato Clementine</div>
<div>22</div> <div>WG Pizza Max Sticks with Dipping Sauce Cucumber Coins Fresh Apple</div>	<div>23</div> <div>Rosh Hoshana Schools Closed</div>	<div>24</div> <div>Rosh Hoshana Schools Closed</div>	<div>25</div> <div>BBQ Chicken and Cheddar Cheese Calzone Sliced Tomato Watermelon</div>	<div>26</div> <div>Chili Chicken Lo Mein Bowl WG Chili Popcorn Chicken with WG Lo Mein Red Pepper Strips Banana</div>
<div>29</div> <div>General Tso's WG Popcorn Chicken with WG Rice and Broccoli Fresh Apple</div>	<div>30</div> <div>BBQ Chicken and Cheddar Flatbread Red Pepper Strips Fresh Strawberries</div>	<div> </div>		

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