



# January 2025

## Rhame Avenue Pre-K | LUNCH MENU

Cheese/Pepperoni Pizza Available every Monday & Wednesday

### Daily Offerings:

- Fruit Smoothies with RF String Cheese & WG Graham Crackers
- Yogurt Parfait with Fruit & Granola
- Chicken Caesar or Chicken Chef Salad with a WG Dinner Roll
- Grilled Cheese Sandwich
- Boars Head Turkey or Ham (P) & Cheese Sandwich
- WG Bagel with RF String Cheese
- Sunbutter & Jelly Sandwich

Items with a (P) may contain Pork

Powering potential.



MON	TUES	WED	THURS	FRI
		1 <b>Holiday Break</b>	2 WG Chicken Patty on WG bun Steamed Broccoli Fresh Pear	3 Dutch Waffle with egg patties Baked Potato Tots Fresh Apple
6 WG Pizza Crunchers Baked French Fries Clementine	7 Chicken Nachos with cheese & WG Tortilla Chips Black Beans Fresh Strawberries	8 General Tso's Popcorn Chicken with Vegetables & Brown Rice Sweet Corn Fresh Pear	9 WG Baked Mac & Cheese with a WG Dinner roll Tomato & Cucumber salad Fresh Melon	10 Mini WG confetti Pancakes With Chicken Sausage Patties Sliced Tomatoes Banana
13 Twin Beef Soft Tacos on WG Tortillas WG Rice Vegetarian Beans Apple Slices	14 WG Penne Pasta with Chicken Meatballs Cauliflower Fresh Pear	15 WG Chicken Tenders with a WG Dinner Roll Baked French Fries Clementine	16 Baked WG Mozzarella Sticks with Dipping Sauce Chickpea Salad Fresh Strawberries	17 Mini WG Maple Waffles with Egg Patties Sweet Corn Banana
20 <b>Schools Closed</b>	21 Hamburger or Cheeseburger on WG Bun Steamed Broccoli Fresh Melon	22 WG Popcorn Chicken with a WG Dinner Roll Tomato and Cucumber Salad Fresh Apple	23 WG Pizza Crunchers Baked French Fries Fresh Pear	24 Mini WG French Toast with Chicken Sausage Baked Potato Tots Clementine
27 WG Chicken Patty on WG bun Steamed Broccoli Fresh Pear	28 Twin Beef Soft Tacos on WG Tortillas WG Rice Black Beans Apple Slices	29 <b>Schools Closed</b>	30 Chicken Meatball Parm Sub on a WG Roll Slice Cucumber Fresh Strawberries	31 Mini WG confetti Pancakes With Chicken Sausage Patties Sliced Tomatoes Banana

Menus are subject to change.

### Available Daily:

- Assorted Fruits: Apples, Oranges, Bananas or Pears
- Assorted Vegetables: Baby Carrots, Celery Sticks or Side Salad
- Assorted 100% Juice: Orange, Apple or Tropical Punch
- Assorted Milk: 1% White or Fat-Free Chocolate
- WG denotes items that are Whole Grain
- RF denotes items that are Reduced Fat

- All Lunches Must Include Choice of:
- Fruits and/or Vegetable
- And May Include:
- 1% Low-Fat Milk



This institution is an equal opportunity provider.